

## RUN and WALK AWARDS

First three overall male/female.

First masters male/female.

Top three of the following age groups:

14 & under	30-34	50-54
15-19	35-39	55-59
20- 24	40-44	60-64
25-29	45-49	65-69
	70+	

**T-Shirt to all entrants**

**DOOR PRIZES, Must be present to win!**

**Registration:** Friday, 4/17 from 7:00 to 9:00

PM and Race day from 6:30 to 7:45 AM at the Vienna Community Building in Jackson Park. Kids signup will continue until 9:00 AM at the track.

### **TEAM COMPETITION**

There will be one award for School and Church teams based on the number of team finishers. All team members are eligible for all other awards.

All team members need to fill out entry.

You may be on only one team!

### **WHEELCHAIR DIVISION**

There will be one award in the Wheelchair Division awarded to the first male or female.

The Wheelchair Start Time will be 7:55 AM.

## RIVER CITY KID'S RACES

AGE	DISTANCE
3 and Under	50 Meters
4 and 5	100 Meters
6, 7	200 Meters
8, 9	400 Meters
10,11	800 Meters



**Participant ribbon to all kids!**

NON-PROFIT ORG.  
U. S. POSTAGE  
PAID  
PARKERSBURG, WV  
PERMIT NO. 257

RIVER CITY RUNNERS CLUB  
P. O. BOX 4496  
PARKERSBURG, WV 26104  
RETURN SERVICE REQUESTED

# VIENNA RIVER ROAD RACE

5 MILE RUN & 5K WALK—8:00 AM  
SATURDAY APRIL 18, 2009 VIENNA, WV

**SPONSORED BY**

**St. Joseph's Hospital**



**Sign up early for special gift**

**FREE KIDS RACES**

**RIVER CITY KID'S RACES 9:00 AM**



PART OF THE RIVER CITY RUNNERS  
RUNNING AND WALKING SERIES  
and THE RIVER CITY RUNNERS KID'S SERIES

## COURSE INFORMATION

**Water:** Available at 2 miles and 3-1/2 miles in the run and midway in the walk. At the finish line there will be water, sports drink and a snack.

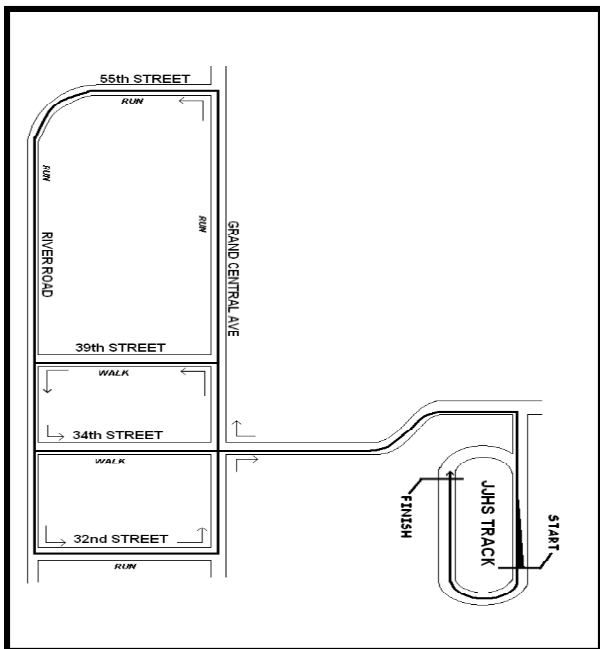
**Restrooms:** Located at The Vienna Community Building and at the Jackson Track.

**Split Timers:** Every mile in both events

Both the run and walk are rolling closed loop courses that start and finish on the Jackson Track. The surface is paved except for the track that is crushed limestone.

Both courses are **USATF** certified

**RUN: WV97-012RT, WALK: WV98-012RT**



## Vienna River Road 5 Mile Run / 5K Walk

**DATE & TIME:** April 18, 2009 8:00 A.M.

**\$12.00** posted by April 12 (\$10.00 for RCR Club members)

**\$15.00** after April 12 and race day

**INFORMATION:** Louis Molinaro 304 295-5088

Make check payable to River City Runners Club  
P.O. Box 4496, Parkersburg, WV 26104

There will be a \$20 Service Charge on all returned checks.

Name \_\_\_\_\_ **MALE FEMALE**  
(circle one)

Address \_\_\_\_\_ **RUN WALK**  
(circle one)

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ / Date of Birth \_\_\_\_\_ / Age on Race Day \_\_\_\_\_

### TEAM INFORMATION

TEAM NAME \_\_\_\_\_ **CHURCH SCHOOL**  
CIRCLE ONE

**SHIRT SIZE:**

S  M  L  XL

**WAIVER:** In consideration of acceptance this entry to the Vienna River Road Race and the River City Kids races, I waive all claims for myself, my heirs and assigns against **the River City Runners Club, the City of Vienna, St. Joseph's Hospital and the River City Kid's Race sponsors and promoters** for injury or illness which may result from my participation. I attest and verify that I have full knowledge of the risk involved in these events, that I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it and my signature confirms its full acceptance.

Signature \_\_\_\_\_ / Date \_\_\_\_\_

Parent/Guardian if under 18 years old \_\_\_\_\_

## River City Kid's Races



**Free Entry Free Entry**

**DATE & TIME:** April 18, 2009 9:00 A.M.

**INFORMATION:** Louis Molinaro 304 295-5088

Mail entry to River City Runners Club  
P.O. Box 4496, Parkersburg, WV 26104

Name \_\_\_\_\_ **GIRL BOY**  
(circle one)

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ / Date of Birth \_\_\_\_\_ / Age on Race Day \_\_\_\_\_

**SHIRT SIZE YOUTH**

S  M  L  XL

**WAIVER:** In consideration of acceptance this entry to the Vienna River Road Race and the River City Kids races, I waive all claims for myself, my heirs and assigns against **the River City Runners Club, the City of Vienna, St. Joseph's Hospital and the River City Kid's Race sponsors and promoters** for injury or illness which may result from my participation. I attest and verify that I have full knowledge of the risk involved in these events, that I am physically fit and sufficiently trained to participate. I have read the above statement, I understand it and my signature confirms its full acceptance.

Signature Of Parent or Guardian \_\_\_\_\_ / Date \_\_\_\_\_