



**St. Joseph's Hospital**

# A' Fair of the Heart 2009

**Free Screenings and Health Information**

**Saturday, October 10, 2009 8:00 a.m. to 12:00 p.m.**

## **EVENT FEATURES:**



### **Free Cholesterol & Glucose screening**

- You are encouraged to fast at least 10 hours prior to screening
- Screenings are free but we will be collecting non-perishable food items to donate to area food pantries.



### **Over 50 Booths of health & wellness education**

Such as AED Demonstration, Exercise and Fitness vendors, Healthy Food samples, Handwashing booth, Ambulance tour, plus many more hospital services and community organizations with health and wellness information to share with you and your family!



### **Free Blood Pressure checks**

Provided by nursing students from our area nursing programs.



### **Children's Activities in the Courtyard**

**Join us for a fun-filled Fall morning!**